



Back On Track

Health & Safety E-News Alerts and Blog News

Supplied By: Shapiro, Cooper, Lewis & Appleton Law Firm

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Avoid the Insurance Company's Games of Delay, Defend and Deny...

One of the most common phone calls our law firm receives is from car accident injury victims who are stuck playing the claims adjuster's games. The games usually comprise three tactics:

- (1.) Delays in getting you a rental car even though your car is totaled in the wreck
- (2.) Delays that could add up to weeks in admitting that the other driver caused the crash
- (3.) Denying that you can prove any of your lost wages, lost commissions or general earnings are related to the car accident

To learn how to combat these [insurance company games, check out our article here.](#)

Railroad Workers Stricken with Mesothelioma and Asbestos-Induced Cancers have Questions; We Have Answers

Our attorneys wrote an article answering some of the most common questions asked by [railroad workers who are struggling with mesothelioma and other asbestos-induced cancers.](#) Some of these rail workers spent their entire career breathing in toxic asbestos dust and railroad companies like Norfolk Southern, CSX, Conrail, B&O, and C&O failed to take serious action to replace asbestos insulation and other steps needed to improve safety conditions for their employees.

OSHA Orders Railroad Companies to Compensate Whistleblower

[A rail worker was hurt on the job and reported this work-related injury to the proper company authorities and an investigation was launched.](#) However, this investigation quickly resulted in the worker getting fired. OSHA initiated their own investigation and found that the worker had done nothing wrong and the rail companies – Illinois Central Railroad Co. and Chicago, Central & Pacific Railroad – were required to pay over \$80,000 in lost wages, compensatory damage, and attorney’s fees.

Texting Ban Goes Into Effect for Truck Drivers

Distracted driving, especially texting while driving, has been placed front and center in the transportation safety realm. Federal regulators have responded by [restricting banning texting for all commercial truck drivers](#). If truckers violate this law, they will be forced to pay a \$2,750 fine.

What “Road Warriors” Need to Know about Car Insurance

If you’re a road warrior (a.k.a. super commuter) who travels long distances on a regular basis, you need to have [the facts about car insurance](#). Why? Because, statistically, you’re at a greater risk of getting into a car accident. We hope you avoid becoming one of the many drivers who has to endure the insurance claims process, but it’s always better to be prepared instead of caught off guard.

Get one of our Free Consumer Reports/Guides Free Via Email Today!

Our attorneys are consistently adding new consumer guides/reports in our website library devoted to relevant injury law topics. Order one or more today...

- [Best Guide to Car Accident Injuries in Virginia, A Book Telling What You Need to Know if Hurt in a Car](#)
- [Best Guide to Car Accident Injuries in North Carolina, A Book Telling What You Need to Know if Hurt in a Car](#)
- [Best Guide to Truck Accident Injuries: Read Before Talking to Any Adjuster](#)
- [Top Ten Tips from Experienced Medical Malpractice Lawyers](#)
- [Dangerous Drugs: Yaz, Yasmin, and Ocella Birth Control Pills Cause Blood Clots, Stroke, and Even Death](#)
- [Surgeries Gone Wrong: The Top 5 Surgical Errors and how NOT to Become a Victim](#)
- [What You Need To Know About Uninsured/Barely Insured Drivers: Secrets To Protecting Yourself If They Injure You In A Car Accident](#)
- [Eyes on the Road: Common Factors Leading to Distracted Driving](#)

- [What Railroad Claim Agents Won't Tell You \(But You Must Know\)](#)
- [Do's & Don'ts When Injured at a Railroad--The Railroad Worker's FELA Rights](#)

About the Editors: "All We Do Is Injury Law" at [Shapiro, Cooper Lewis & Appleton](#) . We have a proven track record of success for our injury clients, and you can review our [case results](#) to see for yourself. Our personal injury law firm has the highest rating of AV from Martindale-Hubbell, a national lawyer ranking organization, which means we have a reputation for preeminent legal skill. In addition, two of the firm's injury attorneys are listed for injury law practice areas in "[The Best Lawyers In America](#)" (2009).

We provide FREE injury case consultations, so call us toll free at 1-800-752-0042. We edit the [Virginia Beach Injuryboard](#), [Norfolk Injuryboard](#) and [Northeast North Carolina Injuryboard](#) blogs as a public information service. We also host other focused injury law blogs: [Virginia Trucking Accidents/Injury Lawyers Blog](#) and [Railroad/FELA Injury Attorneys Blogs](#). [Our injury attorneys also host an extensive injury law video library on Youtube](#).

