



Back On Track

Health & Safety E-News Alerts and Blog News

Supplied By: Shapiro, Cooper, Lewis & Appleton Law Firm

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(I.) More HS Injury Law Safety Video Reports Hit the Web

In our previous e-mail, we included five consumer video reports focused on important traffic safety topics. Here are three brand new video reports:

- [Driving Safely In and Around a Construction Work Zone](#)
 - [What To Do and NOT To Do If You Miss Your Exit on the Highway](#)
 - [Lost and Confused Drivers Can Cause Serious Car Wrecks](#)
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(II.) New Free Consumer Guide on Child Injuries and the Legal Claims Process

Our firm recently published a new free consumer guide focused on what you, as the parent or legal guardian, need to do if your child suffers a serious injury in an accident that was caused by the carelessness of another person or company.

[Get the free guide here.](#)

(III.) Medical Malpractice Victims Get Robbed in Virginia

This [article](#) explores the unjust and downright nonsensical practice of reducing injured victim's jury awards in order to complex with "damage caps." These caps were created arbitrarily by legislators, many of whom received campaign contributions from health insurance companies.

(IV.) Little Known Virginia Law Can Cost You Big Bucks

If you are driving on a road or highway and see an emergency vehicle pulled over, [you must slow down at least 20 mph or move over to the next lane](#). If you do neither, you could receive a \$2500 ticket. Talk about a hefty fine! Approximately 71 percent of people polled had no idea this "move over" law even existed-and has been enacted in many states. But now you have the info so be prepared and respect the law.

(V.) Railroads Clash with Engineers Over Surveillance Cameras in Locomotive Cabs

Many railroad companies like Norfolk Southern and CSX have installed [surveillance cameras in the cabs of locomotives](#). The new battle is over inside facing cameras, rather than "outside" view cameras. The NTSB asserts these cameras will help improve railroad safety but many rail engineers are leery of the cameras because they fear the cameras will be used to pursue minor violations of company rules unrelated to the safe operation of the locomotive. Most locomotives are equipped with detection equipment that monitors speed, brake application, throttle use, and the application of audible warning devices. These records provide a pretty thorough data base for the evaluation of engineer performance and make the addition of the visual monitoring equipment seem somewhat overbearing. To learn more, check out what investigator Donnie Case reported...

(VI.) From the Desk of [Investigator Donnie Case](#):

The Federal Railroad Administration (FRA) determined that if a rail engineer tampers with one of the surveillance cameras in a locomotive cab, [the rail company has a right to take disciplinary](#)

[action](#). The FRA stated, "In instances where a camera has been tampered with, railroads retain the authority to discipline employees for violating railroad rules regardless of whether the rules have any parallel federal requirement."

(VII.) From the Desk of [Investigator Herb Wooten](#):

The oil spill in the Gulf of Mexico is the worst man-made ecological disaster in recorded history. Our hearts go out to the 11 families who lost loved ones in the terrible oil rig accident and the thousands of people who are losing their livelihoods due to this spill. To illustrate just how devastating this oil leak is, check out this site:

<http://www.ifitwasmymyhome.com/>

(VIII.) Get one of our Free Consumer Reports/Guides Free Via Email Today!

Our attorneys are consistently adding new consumer guides/reports in our website library devoted to relevant injury law topics. Order one or more today...

- [Best Guide to Car Accident Injuries in Virginia, A Book Telling What You Need to Know if Hurt in a Car](#)
- [Best Guide to Car Accident Injuries in North Carolina, A Book Telling What You Need to Know if Hurt in a Car](#)
- [What You Must Know About Claims on Behalf of An Injured Minor/Child](#)
- [Best Guide to Truck Accident Injuries: Read Before Talking to Any Adjuster](#)
- [Top Ten Tips from Experienced Medical Malpractice Lawyers](#)
- [Dangerous Drugs: Yaz, Yasmin, and Ocella Birth Control Pills Cause Blood Clots, Stroke, and Even Death](#)
- [Surgeries Gone Wrong: The Top 5 Surgical Errors and how NOT to Become a Victim](#)
- [What You Need To Know About Uninsured/Barely Insured Drivers: Secrets To Protecting Yourself If They Injure You In A Car Accident](#)
- [Eyes on the Road: Common Factors Leading to Distracted Driving](#)
- [What You Need To Do If You Are Hurt in an Airplane Accident](#)
- [What Railroad Claim Agents Won't Tell You \(But You Must Know\)](#)
- [Do's & Don'ts When Injured at a Railroad--The Railroad Worker's FELA Rights](#)

About the Editors: "All We Do Is Injury Law" at [Shapiro, Cooper Lewis & Appleton](#) . We have a proven track record of success for our injury clients, and you can review our [case results](#) to see for yourself. Our personal injury law firm has the highest rating of AV from Martindale-Hubbell, a national lawyer ranking organization, which means we have a reputation for preeminent legal skill. In addition, two of the firm's injury attorneys are listed for injury law practice areas in "[The Best Lawyers In America](#)" (2009).

We provide FREE injury case consultations, so call us toll free at 1-800-752-0042. We edit the [Virginia Beach Injuryboard](#), [Norfolk Injuryboard](#) and [Northeast North Carolina Injuryboard](#) blogs as a public information service.

We also host other focused injury law blogs: [Virginia Trucking Accidents/Injury Lawyers Blog](#), [Railroad/FELA Injury Attorneys Blog](#), [Virginia-North Carolina Medical Malpractice Lawyers Blog](#), and [Eastern Shore Virginia Accident Attorneys Blog](#). [Our injury attorneys also host an extensive injury law video library on Youtube](#).

